



The DDS Cape and Island
Training Council present
Massachusetts Advocates Standing Strong



Self-advocacy: Speaking up and Getting Results

Presenters: self-advocates and MASS State Coordinator, Ed Bielecki

On

May 14, 2015 from 4 to 6 PM

West Barnstable Community Building
2377 Meetinghouse Way, Rte. 149
West Barnstable

This will be both informative and interactive with attendees

Self-advocates are urged to attend. Support persons are urged to attend

The training will include: What is self-advocacy, what is important to you, what is Massachusetts Advocates Standing Strong and what do we do, do you want to start a group, a question and answer period and what's next. Materials will be provided including the "**I is for Individual**" workbook; trainings available from MASS and more.

Come participate, learn and be heard! Think about your life and what you want to speak up about!

Refreshments provided at the beginning of the training at 3:45 Pm Training starts promptly at 4PM

Please Register with Vanessa at Vanessa.Grancharov@state.ma.us or 508.771.2595

Our Mission is to empower self-advocates through education so we make choices that improve and enrich our lives.